



## 2<sup>nd</sup> Singapore Wrist Arthroscopy Course

Hands-on Workshop on Anatomical Specimens  
(Basic & Advanced Level)

7 and 8 January 2017

Day 1: Academia, Level 1, L1-S2

Day 2: Academia, Procedural Skills Lab, Level B1

20 College Road, Singapore 169856 (Located in SGH Campus)

### INTRODUCTION

Singapore Wrist Arthroscopy Course is a hands-on workshop where renowned international faculty will share their expertise and skills and demonstrate wrist arthroscopic techniques. The 2-days course, in its second edition, will include a series of expert talks, debates and interactive discussions with the faculty and participants, as well as hands-on workshops on anatomical specimens. Pearls and pitfalls will be emphasised.

### TARGET AUDIENCE

This course is targeted for clinicians and surgical trainees who have prior exposure to wrist arthroscopy and would like to develop their surgical skills further and to learn the more advanced techniques from the experts.

### CO-COURSE DIRECTORS

**Assoc Prof Andrew Chin Yuan Hui**  
Head and Senior Consultant,  
Department of Hand Surgery,  
Singapore General Hospital

**Prof Jan Ragnar Haugstvedt**  
Senior Consultant, Department  
of Orthopedics, Østfold Hospital  
Trust, Moss, Norway

**Dr Andrea Atzei**  
Head, Hand Surgery Unit,  
Casa di Cura "Giovanni XXII",  
Monastier di Treviso, Italy

### EARLY BIRD – COURSE FEE (GST inclusive)

Course Fee

**Non-member:**  
S\$1819.00

**Member SHSS, EWAS, APWAS:**  
SGD \$1498.00

**Resident and trainee:**  
SGD \$1284.00

- Certificate of Attendance will be issued to those who attend 75% of the workshop
- CME Points: Application in progress

For registration, email your **name, institution, department** and **contact details** to [sims.sssc@singhealth.com.sg](mailto:sims.sssc@singhealth.com.sg).

Supported by:



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FOR HAND SURGERY

Image source: <https://en.wikipedia.org/wiki/Merlion>

The SingHealth Duke-NUS Institute of Medical Simulation (SIMS) is one of Singapore's largest simulation centres with a comprehensive range of simulation modalities, training programmes and cutting-edge facilities. SIMS is committed to delivering quality simulation training by providing a safe and supervised environment for healthcare professionals to sharpen their clinical skills. The institute draws upon the synergy of collective expertise, curriculum and resources in SingHealth. SIMS aims to be the leading global institution in medical simulation, pushing frontiers in medical education to advance patient care.

## PROGRAMME

7 Jan 2017

### Day 1 – Lecture

Time	Topic
1400 – 1730	<ul style="list-style-type: none"> <li>• Set up, Instruments, Portals, Complication</li> <li>• Systematic Approach to Performing Wrist Arthroscopy</li> <li>• Arthroscopic Debridement: Soft Tissue and Bone</li> <li>• Volar and Other Uncommon Portals and Dry Arthroscopy</li> <li>• SL Ligament Repair and Capsulodesis</li> <li>• Arthroscopic Assisted Scaphoid Fixation and Bone Grafting</li> <li>• DRUJ and TFCC Anatomy and Pathomechanics</li> <li>• Peripheral and Foveal TFCC Reattachment</li> <li>• Inside-out Technique for TFCC Injury, My Personal Experience</li> <li>• Arthroscopic Assisted Fixation of the Distal Radius</li> <li>• Introduction to Small Joint Arthroscopy</li> </ul>

8 Jan 2017

### Day 2 – Hands-on Workshop

Time	Topic
0730 – 1800	<ul style="list-style-type: none"> <li>• Diagnostic Wrist Arthroscopy, Radiocarpal, Midcarpal and DRUJ Arthroscopy. Radial Styloidectomy and Wafer Procedure</li> <li>• TFCC Peripheral Repair</li> <li>• TFCC Foveal Repair</li> <li>• Scapholunate Capsulodesis (Mathoulin technique)</li> <li>• Arthroscopic Assisted Fixation of Scaphoid and Bone Grafting</li> <li>• Arthroscopic Assisted Fixation of Distal Radius Fracture</li> </ul>

### TEACHING FACULTY

<b>Prof Toshiyasu Nakamura</b>	Professor	International University of Health and Welfare
<b>Prof Keiji Fujio</b>	Consultant	Kansai Electric Power Hospital, Japan
<b>Dr Yukio Abe</b>	Medical Director	Saiseikai Shimonoseki General Hospital, Japan
<b>Dr Ranjit Singh</b>	Consultant	Kuala Lumpur Sports Medicine Centre
<b>Dr Desmond Ong Hang Shyan</b>	Consultant	Tan Tock Seng Hospital, Singapore
<b>Dr David Tan Meng Kiat</b>	Consultant	National University Health System, Singapore
<b>Dr Tan Ter Chyan</b>	Specialist Hand Surgeon	Hand Surgery Associates, Singapore
<b>Dr Yeo Chong Jin</b>	Specialist Hand Surgeon	Hand Surgery Associates, Singapore

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# SingHealth **DukeNUS**

## INSTITUTE OF **MEDICAL SIMULATION**

### REGISTRATION FORM

**Registration Fee: (before Oct 31, 2016)**

Fee includes: Course & Cad-Lab with 1 Anatomical specimen; Educational material; Attendance certificate; refreshment; Course Dinner

**Please tick where appropriate:**

- Participant non-member: SGD \$1819.00 (approx. USD \$1399.00)
- Member SHSS, EWAS, APWAS: SGD \$1498.00 (approx. USD \$1152.00)
- Resident and trainee: SGD \$1284.00 (approx. USD \$988.00)

**Registration Fees will be increased of SGD \$280.00, after October 31, 2016**

Name: \_\_\_\_\_  
 (Name indicated above will be reflected in the certificate upon course completion)

Institution/Department: \_\_\_\_\_

Designation/Residency Year: \_\_\_\_\_

MCR No/Identification No: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_

Tel: \_\_\_\_\_

E-mail: \_\_\_\_\_

**PAYMENT METHOD**

Cheque/Bank draft to be made payable to  
**“Singapore Health Services Pte Ltd”**.  
 (Please indicate “SSSC – 2nd Singapore Wrist Arthroscopy  
 Course, Name, Assignment code: WAS1601, Cost Centre:  
 22183” on the reverse side of the cheque)

Please send your completed form with payment to:  
**SIMS-Surgical Skills (Attn: WAS Secretariat)**  
 Singapore Health Services Pte Ltd  
 20 College Road, Academia, Level 2, Education Office  
 Singapore 169856

**CANCELLATION POLICY**

Any cancellation or replacement must be conveyed to the  
 Organiser in writing. A cancellation charge of 50% of the fee  
 will be levied if the cancellation is made before the closing  
 date. There will be no fee refund if the cancellation is made  
 thereafter.

The Organiser reserves the right to cancel the workshop and  
 fully refund the participants should unforeseen  
 circumstances necessitate it.

**MAP**

Academia (20 College Road, Singapore 169856)



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